

Canteen Price List

Term Four 2009

EVERY DAY LUNCH ORDERS-

Paper bags 5c

White or wholemeal Sandwiches:

Toasted ,Rolls or extras are 40c extra

Vegemite	\$1.30
Baked Beans / Spaghetti	\$1.50
Cheese*	\$1.80
Cheese* & tomato	\$2.20
Egg	\$1.90
Egg, lettuce and mayonnaise*	\$2.20
Tuna	\$2.50
Salad (lettuce, tomato, cucumber, beetroot & grated carrot)	\$3.00
Salmon	\$2.80
Salmon & salad	\$3.50
Hans Ham*	\$2.80
Hans Ham* & tomato	\$2.90
Hans Ham* & salad	\$3.50
Roast chicken	\$2.80
Roast chicken & salad	\$3.50
Roast beef	\$2.80
Roast beef & salad	\$3.50

Salad in a container \$3.70

\$1 extra ~Add chicken, ham, beef or salmon

Wraps

Salad (lettuce, cucumber, cheese, alfalfa & carrot)	\$3.00
Half salad wrap	\$2.00
Chicken or ham salad	\$4.00
Half chicken or ham salad	\$2.50

Hot Food

Single serve lasagne (beef)	\$3.10
Single serve fried rice	\$3.10
Single serve pasta bolognaise	\$3.10
Single serve Ravioli	\$3.10
Single serve macaroni and cheese	\$3.10
Roast beef or chicken roll with gravy	\$3.50
Hot roast roll with separate small salad	\$4.20
Ham, cheese and pineapple roll	\$3.00

We are a 'Healthy School Canteen' and promote a taste for healthy foods. Items which have an asterisk (*) are reduced fat products.

DRINKS

350ml bottled water	\$1.30
600ml bottled water	\$1.80
Flavoured water bottled (assorted)	\$1.60
Aroona Springs Fruits (Fizzy Drink)	\$2.00
100% juice poppers (assorted)	\$1.50
Moove 300ml flavoured milk	\$2.10

SPECIAL MENU ADDITIONS

MONDAY ONLY

Single serve Pizza-(Hawaiian or cheese & bacon pizza)	\$2.60
Pizza Rounda	\$2.30

WEDNESDAY ONLY

Chicken fillet, lettuce & mayonnaise* roll	\$3.50
Chicken nuggets (each)	\$0.40
Dinosnacks-Dinosaur shaped chicken nugget-(each)	\$0.50
Chicken nuggets (5) with small salad	\$3.20
Pizza Rounda	\$2.30

FRIDAY ONLY

Meat pies*	\$2.60
Sausage rolls*	\$2.20
Tomato sauce	\$0.40
Snack pies*	\$1.70

EVERYDAY RECESS OR LUNCH SNACKS

These items can be included in lunch orders

Apple Slinkies	\$0.60
Small Melon cups	\$0.60
Fresh watermelon slices	\$0.50
Cherry tomatoes, carrot or celery sticks	\$0.10
Yogurt or Custard cups	\$0.80
Gingerbread kids	\$1.70
JJ Snacks	\$1.10
Popcorn	\$0.60
Hot corn cob	\$0.70
Hot cheese & herb roll	\$2.20
Hot cheese & ham roll	\$2.80
Boiled egg	\$0.50
Ovalteenies	\$1.00
Jumpies	\$1.00
Mamee Noodle Snacks	\$1.00
Pretzels	\$1.00
Cheese stix	\$0.50

FROZEN TREATS

These items cannot be included with lunch orders as they melt!

Frozen Yoghurt	\$1.50
Billabong - Chocolate or Triple swirl	\$1.30
Vanilla Cup	\$1.20
Quelch fruit sticks	\$0.60

BREAKFAST ITEMS

Before 8.45AM (Monday, Wednesday and Friday only)

Moove 300ml flavoured milk	\$2.10
Hot Milo	\$0.70
Assorted cereal cups with milk	\$2.50
2 slices of toast with vegemite or 2 slices of fruit toast	\$0.60



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Parents & Citizens Association

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